

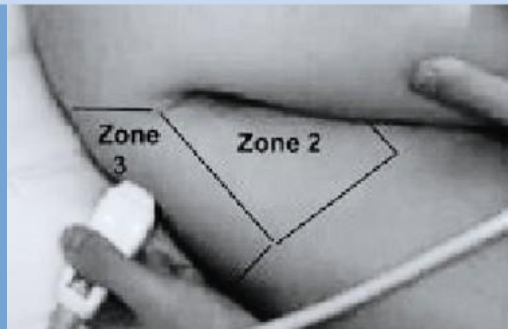
BESTriCC

BEDSIDE SONOGRAPHY TRAINING IN
CRITICAL CARE

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THE OBJECTIVE

BE A PART OF THE PARADIGM
SHIFT WHICH HAS
REVOLUTIONIZED
ASSESSMENT, DIAGNOSIS &
MANAGEMENT OF THE SICK
USING ULTRASOUND

DATE & VENUE

- 27th & 28th May 2022
- 8:00 AM ONWARDS
- SILVER JUBILEE BLOCK,
FIRST FLOOR
- DEPT. OF CRITICAL CARE
- ST. JOHN'S HOSPITAL



WORKSHOP HIGHLIGHTS

- Holistic learning of USG/ECHO to aid with day to day management of critically ill
- Bedside teaching by trained faculty with hands on training
 - Interactive case scenarios
- KMC accreditation points- 4 CME HOURS

REGISTRATION DETAIL

NUMBERS STRICTLY LIMITED TO 30

REGISTRATION FEE : INR 5000 (including 18% GST)

FOR ONLINE REGISTRATION & TRANSACTION DETAILS

Kindly visit : https://www.stjohns.in/about_us/Events

LAST DATE OF REGISTRATION: 22nd May 2022

ACCOMMODATION DETAILS

Accommodations available at ANNEXE III (Kindly pay directly at ANNEXE III)

TARIFFS PER DAY:

Non AC Single Room- 750/- | AC Single Room- 1680/-

Non AC Double Room- 1120/- | AC Double Room- 2240/-

CONTACT:

Mrs. Veena Kumari (ICU Secretary)
1st Floor ICU, Silver jubilee Block
St. John's Hospital, Sarjapur Road
Bengaluru- 560 034
Ph: 080- 2206 5334

Email: ccm.sjmch@stjohns.in



BESTriCC - DAY 1 (27/05/2022)

TOPICS	KEY OBJECTIVES
Registration	
How to get a good image with any machine & any patient?	Basic principles of USG: Understanding your machine- Knobs & Probes
What cardiac sonographic examination is possible at every bedside?	Introduction to Echocardiography- Basic views
Venous USG at point of care	Importance of Venous USG, VExUS
Tea Break	
Lung USG in ICU?	Principles of Lung USG
Renal USG	Renal resistive index
Workstation 1	
Lunch	
USG in Respiratory disease and critically ill	
Alveolar diseases	USG in Pneumonia, ARDS & Pulmonary edema
Pleural & Airway diseases	Pleural effusion, Pneumothorax, COPD & Asthma
How to get a window to brain?	Transcranial doppler
Optic nerve ultrasound	Eye a window to CNS
Tea Break	
Workstation 2	

BESTriCC - DAY 2 (28/05/2022)

TOPICS	KEY OBJECTIVES
Echocardiography	
Doppler Basics	Doppler- Basic principles
How is the relaxation of the heart?	Assessment of diastolic function & filling pressures
Is the right ventricular function, OK?	Techniques of Right ventricular assessment
Fluid assessment	Role of USG
Tea Break	
How is the heart contracting? Part 1	Assessment of Left ventricular systolic function
How is the heart contracting? Part 2	Assessment of Left ventricular systolic function- a stroke volume measurement
Diaphragm assessment	How to assess diaphragmatic dysfunction
Day 2, Workstation 1	
Lunch	
Integration of USG in your routine clinical practice	Case based learning, USG protocols
Day 2, Workstation 2	
Post- Test / Feedback and Valedictory	